

Abstract Preparation Guidelines

Language

All abstracts must be submitted in English.

Word Limit

The abstract text must not exceed 300 words, excluding:

- Title
 - Author names
 - Affiliations
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Recommended Structure

Original Research

Background and Objectives

Provide the scientific or clinical context and clearly state the objective of the study.

Methods

Describe the study design, setting, participants, intervention or exposure, measurements and statistical methods, where applicable.

Results

Present the principal findings, including relevant quantitative data wherever possible.

Statements such as “results will be presented” should not be used.

Conclusions

State the main conclusions and their clinical, scientific, public-health or implementation relevance.

Quality Improvement / Implementation / Innovation

Authors may use:

Background – Intervention/Approach – Outcomes – Conclusions

Case Reports / Case Series

Authors may use:

Background – Case Description – Discussion / Learning Points

Abstract Title

The title should:

- Be concise and informative
- Clearly reflect the content of the abstract

- Avoid unnecessary abbreviations
- Avoid commercial or promotional terminology

Author names and institutional affiliations should not be included in the title.

Authors and Affiliations

The submission must include:

- Full names of all authors
- Institutional affiliations
- City and country
- Email address of the corresponding author
- Identification of the presenting author

The submitting author is responsible for ensuring that all co-authors have reviewed and approved the abstract prior to submission.

Tables and Figures

A maximum of one table or one figure may be included, subject to the functionality of the online submission system.

Tables and figures should contain only essential information and should be clearly understandable.

Abbreviations and Terminology

Standard abbreviations may be used.

Non-standard abbreviations should be defined at first use.

Generic names should be used for medicines and devices wherever possible. Abstracts must not contain promotional or commercial messaging.

Originality and Scientific Integrity

Submitted work should be original, scientifically valid and relevant to the scope of the meeting.

Work previously presented at a local, regional or national scientific meeting may be considered; however, previous presentation or publication should be disclosed where applicable.

Work already published as a full peer-reviewed manuscript before the abstract submission deadline should generally not be submitted as original research unless the abstract contains substantial new data, analyses or findings.

Duplicate or substantially overlapping submissions should be avoided.

Ethics

Research involving human participants or animals must have been conducted in accordance with applicable ethical, institutional and regulatory requirements.

Where required, authors should confirm approval from an appropriate Institutional Ethics Committee / Institutional Review Board and appropriate informed consent.

Authors are responsible for the accuracy, integrity and authenticity of all data submitted.

Fabrication, falsification, plagiarism and inappropriate manipulation of data or images are not acceptable.

Use of Artificial Intelligence

Generative artificial intelligence tools cannot be listed as authors.

Authors remain fully responsible for the originality, accuracy, interpretation and integrity of submitted content.

Any use of generative AI in preparing scientific content should comply with applicable institutional and research-integrity requirements.

Conflict of Interest and Funding

Authors must disclose relevant:

- Financial relationships
- Industry support
- Research funding
- Institutional or commercial interests

Funding sources should be acknowledged where applicable.

All abstracts and presentations must remain scientific and non-promotional.

Abstract Review

Eligible abstracts will undergo scientific review by the GMHA Scientific Committee / Abstract Review Committee.

Abstracts will be considered on the basis of:

- Scientific or clinical relevance
- Originality
- Methodological quality
- Clarity of objectives
- Quality and completeness of results
- Appropriateness of conclusions
- Relevance to metabolic health
- Potential clinical, public-health or implementation impact

Where feasible, abstracts will be reviewed without consideration of the authors' institutional identity.

The decision of the Scientific Committee will be final.

Presentation Formats

Accepted abstracts may be selected for:

Oral Presentation

Selected abstracts will be invited for presentation during designated scientific sessions.

Poster Presentation

Accepted abstracts may be presented in poster format during the meeting.

The Scientific Committee will determine the final presentation format.

Detailed presentation instructions will be communicated to accepted authors.

Young Investigator Recognition

Outstanding abstracts presented by eligible early-career investigators may be considered for special recognition or awards.

Eligibility criteria and award categories, where applicable, will be announced separately.

Presenter Registration — Mandatory

All presenting authors of accepted abstracts must register for GMHA India 2027.

Abstract acceptance does not include complimentary conference registration, travel or accommodation unless specifically communicated by GMHA.

The presenting author must complete conference registration by 18 December 2026.

Abstracts for which the presenting author has not registered by the deadline may be withdrawn from the final scientific programme.

If the designated presenting author is unable to attend, another listed co-author may present the abstract, provided that:

- The replacement presenter is registered for the conference; and
- The Organising Committee is informed in advance.

Conditions of Submission

By submitting an abstract, the authors confirm that:

- All listed authors have approved the submission.
- The information and data presented are accurate.
- Appropriate ethical approvals have been obtained where required.
- Relevant conflicts of interest and funding have been disclosed.

- The presenting author will register for and attend the meeting if the abstract is accepted.
- The abstract may be reproduced in GMHA meeting materials, digital channels, abstract collections or associated scientific publications, where applicable.